

PROCEDURES AT A GLANCE

5-1	leaning and Disinfecting Nonelectrical 17-5 pols and Implements 97		Blowdrying Short, Layered, Curly Hair to Produce Smooth and Full Finish	
5-2	Cleaning and Disinfecting Whirlpool, Air-Jet, and Pipeless Foot Spas 99		RIGHT-HANDED 489 LEFT-HANDED 491	
5-3	Cleaning and Disinfecting Basic Foot Basins or Tubs 103	17-6	Blowdrying Short, Curly Hair in Its Natural Wave Pattern 493	
5-4	Proper Hand Washing 104	17-7	Diffusing Long, Curly, or Extremely Curly Hair in Its Natural Wave Pattern 495	
5-5	Handling an Exposure Incident 105			
15-1	Pre-Service Procedure 340	17-8	Blowdrying Straight or Wavy Hair for Maximum Volume RIGHT-HANDED 497	
15-2	Post-Service Procedure 343			
15-3	Hair Brushing 345		LEFT-HANDED 499	
15-4	Draping for a Basic Shampooing and Conditioning 346	17-9	Blowdrying Blunt or Long-Layered, Straig to Wavy Hair into a Straight Style	
15-5	Draping for a Chemical Service 347		RIGHT-HANDED 501 LEFT-HANDED 504	
15-6	Basic Shampooing and Conditioning 348	17-10	Thermal Waving	
15-7	Scalp Massage 352		RIGHT-HANDED 507 LEFT-HANDED 510	
16-1	Blunt Haircut RIGHT-HANDED 404	17-11	Chignon 513	
	LEFT-HANDED 407	17-12	French Pleat or Twist 516	
16-2	Graduated Haircut	17-13	Half Updo 519	
	RIGHT-HANDED 410	18-1	Preparing Textured Hair for Braiding 544	
10.0	Uniform-Layered Haircut RIGHT-HANDED 418	18-2	Halo Braids 546	
16-3		18-3	Single Braids with Extensions 549	
	LEFT-HANDED 422	18-4	Basic Cornrows 552	
16-4	Long-Layered Haircut	18-5	Nubian Coils: Coil Comb Technique 555	
	RIGHT-HANDED 426 LEFT-HANDED 430	18-6	Twist 558	
16-5	Men's Basic Clipper Cut 434	18-7	Starting Locks with Nubian Coils 563	
17-1	Preparing Hair for Wet Styling 475	18-8	Cultivating and Grooming Locks 565	
		20-1	Preliminary Test Curl for a Permanent	
17-2	Horizontal Finger Waving RIGHT-HANDED 477	20-2	Wave 629	
	LEFT-HANDED 481		Permanent Wave and Processing Using a Basic Permanent Wrap 631	
17-3	Wet Set with Rollers 485	20-3	Permanent Wave and Processing Using a	
17-4	Hair Wrapping 487		Curvature Permanent Wrap 635	

20-4 Permanent Wave and Processing Using a		24-2	False Eyelash Application 840	
20 E	Bricklay Permanent Wrap 638	25-1	Pre-Service Procedure 880	
20-5	Permanent Wave and Processing Using a Weave Technique 640	25-2	Post-Service Procedure 884	
20-6	Permanent Wave and Processing Using a Weave Double-Rod or Piggyback Technique 642 Permanent Wave and Processing Using a	25-3	Performing a Basic Manicure 886	
		25-4	Hand and Arm Massage 890	
20-7		25-5	Polishing the Nails 893	
20-7	Spiral Wrap Technique 644	26-1	Performing the Basic Pedicure 918	
20-8	Applying Thio Relaxer to Virgin Hair 647	26-2	Foot and Leg Massage 921	
20-9	Thio Relaxer Retouch 650	27-1	Nail Tip Application 935	
20-1	Applying Hydroxide Relaxer to Virgin Hair 653	27-2	Nail Wrap Application 937	
		27-3	Two-Week Fabric Wrap Maintenance 940	
	1 Hydroxide Relaxer Retouch 656	27-4	Four-Week Fabric Wrap Maintenance 943	
	2 Curl Re-Forming (Soft Curl Perm) 659	27-5	Nail Tip and Fabric Wrap Removal 946	
21-1		Test 710 28-1 One-Color Monomer Liqui		
21-2	· ·		Powder Nail Enhancements Over Nail Tips	
21-3	. ,	28-2	or Natural Nails 968	
21-4		20-2	Two-Color Monomer Liquid and Polymer Powder Nail Enhancements	
21-5	0 1		Using Forms 972	
21-6	Permanent Single-Process Retouch with a Glaze 720	28-3	One-Color Monomer Liquid and Polymer Powder Maintenance 977	
21-7	Lightening Virgin Hair 722	28-4	Crack Repair for Monomer Liquid and	
21-8	Toner Application 724		Polymer Powder Nail Enhancements 980	
21-9	Special Effects Haircoloring with Foil (Full Head) 726	28-5	Monomer Liquid and Polymer Powder Nail Enhancement Removal 982	
22-1	Pre-Service Procedure 748	29-1	One-Color Method UV or LED Gel on Tips	
22-2	Post-Service Procedure 751		or Natural Nails Finishing With UV or LED	
22-3	Eyebrow Tweezing 753	29-2	Gel Polish 1002	
22-4	Eyebrow Waxing Using Soft Wax 755	29-2	Two-Color Method UV or LED Gel on Tips or Natural Nails 1006	
22-5	Lip Waxing Using Hard Wax 757	29-3	Sculpting Light Cured Gel Using	
22-6	Body Waxing Using Soft Wax 759		Forms 1009	
23-1	Basic Facial 796	29-4	Light Cured Gel Maintenance 1012	
23-2	Facial for Dry Skin 801	29-5	Monomer Liquid and Polymer Powder Nail Enhancements Finished with UV or LED Gel Polish 1015	
23-3	Facial for Oily Skin with Open Comedones (Blackheads) 803			
23-4		29-6	Light Cured Gel Removal – Hard Gel 1017	
24-1	Skin 805 Basic Professional Makeup Application 837	29-7	Light Cured Gel Removal – Soft or Soakable Gel Polishes 1018	

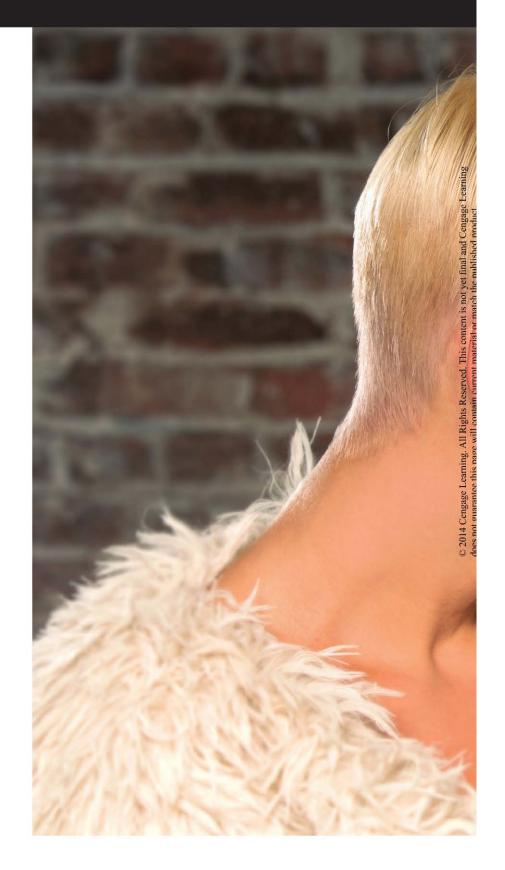
PART ORIENTATION

HISTORY & CAREER OPPORTUNITIES

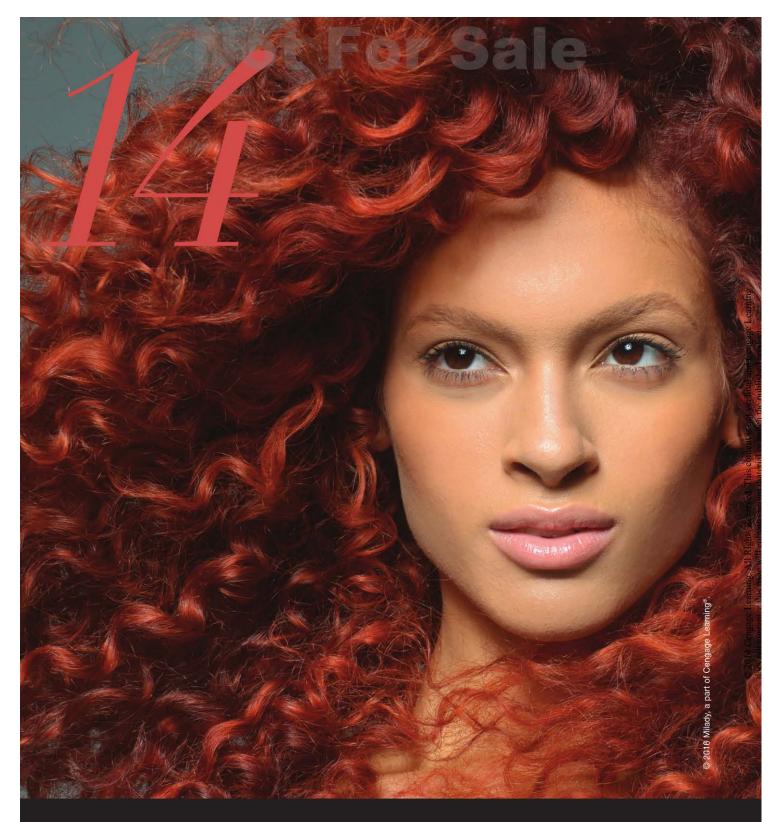
LIFE SKILLS

YOUR PROFESSIONAL IMAGE

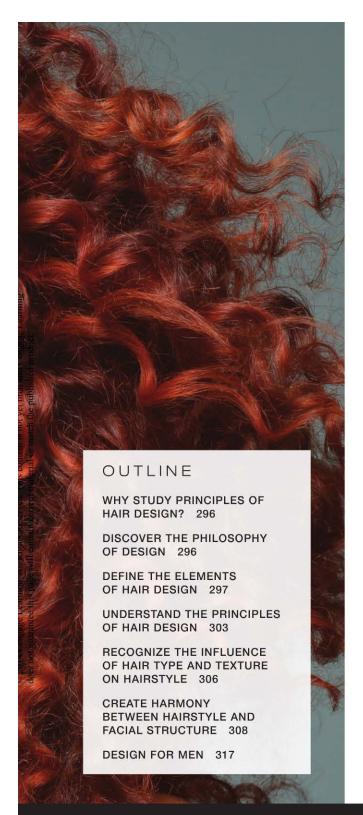
COMMUNICATING FOR SUCCESS







PRINCIPLES OF HAIR DESIGN



CEARNING OBJECTIVES

After completing this chapter, you will be able to:

LOO

Describe sources of hair design inspiration.

LOO

List the five elements of hair design and how they relate to hairstyling.

LOG

Explain the five principles of hair design and recognize their specific contribution to a hairstyle.

LO4

Understand the influence of hair type and texture on design.

LO6

Identify the seven different facial shapes and design a beneficial hairstyle for each.

LO6

Explain two design considerations for men.

© 2014 Cengage Learning. All Rights Reserved. This content is not yet final and Cengage Learning does not guarantee this nage will contain current material or match the nublished product.

Not For Sale



figure 14-13 Straight hair



figure 14-14 Wavy hair



figure 14-15 Very curly hair

Design texture refers to the directional wave patterns or illusion of motion in the hair. The design texture must be taken into consideration when creating a style for your client. All hair, whether straight, wavy, curly, or excessively curly has a unique directional pattern and its own movement. For example, straight hair reflects light better than other patterns; it also reflects the most light when it is cut to a single length (figure 14-13). Wavy hair can be combed directionally to create horizontal lines (figure 14-14). Curly hair is more coiled and often grows more compact together. Curly hair will reflect less light and can create a larger form than straight or wavy hair (figure 14-15).

Creating Design Texture with Styling Tools

Texture can be created temporarily with the use of heat and/or wet styling techniques. Curling irons, hot rollers, or even flat irons can be used to create a wave or curl. Curly hair can be straightened using a flat brush, round brush, and the heat of a blow dryer or flat iron (figure 14-16).

Crimping irons are used to create interesting and unusual wave patterns, like zigzags. Hair can also be wet-set with rollers, wrapped with bobby pins or pincurled to create curls and waves. Finger waves, braids, and locs are other ways of creating temporary textured pattern changes (figures 14-17 and 14-18). You will learn more about styling techniques in subsequent chapters.

Changing Design Texture with Chemicals

Chemically infused services that make changes in the natural texture, curl, or wave pattern in the hair are considered permanent and will never revert back to the original pattern. (figure 14-19). As the hair grows long enough to alter the texture or pattern, a re-touch chemical process will need to be done on the new growth to make the design pattern uniform. Curly hair can be straightened with relaxers, and straight hair can be curled with permanent waves.

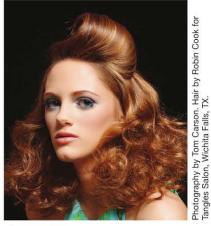


figure 14-16 Wave patterns can be altered temporarily.



figure 14-17 Finger waves and curls



figure 14-18
Fine braids create temporary waves.



figure 14-19 Chemically altered hairstyle



figure 14-20 Straight wave patterns are flattering on a round face.

Keratin based chemical treatments used for smoothing or straightening the hair are also available in today's market. This process, however, is not completely permanent. Depending on the manufacturer, strength, timing, and application, the product results last 120 days on average. These techniques are covered in detail in Chapter 20, Chemical Texture Services.

Tips for Designing with Directional Wave Patterns

- Use creative discretion when using multiple directional wave pattern
 combinations together in one design. This design is ideal for a client
 who wants to achieve a trendy multi-textured look with volume and
 unconstructed lines; however, may be less appropriate for more
 conservative professionals who wish for a smoother finished design.
- Smooth patterns accent the face and are particularly useful when you wish to narrow a round head shape (figure 14-20).
- Curly patterns take attention away from the face and can be used to soften square or rectangular features (figure 14-21).

Haircolor

Haircolor plays an important role in hair design, both visually and psychologically. It can be used to help define texture and line in a design. Haircolor can work to your advantage in many ways, from covering gray to changing the all-over color of a client's hair. Color can make all or part of the design appear larger or smaller by adding or subtracting volume. Depending on placement, color can accent or de-emphasize a particular part of a style or client feature. Color is also known to have a positive impact on one's mood and or attitude, if done well. In Chapter 21, Haircoloring, you will learn more about enhancing hair design by using haircolor as an important element.



figure 14-21 Curly wave patterns soften angular faces.





© Kubais/Shutterstock.com

Not For Sale



figure 24-4 Loose powder



figure 24-5 Eye shadows

CAUTION

According to the American Medical Association, eye pencils should not be used along the inner rims of the eyes because this can lead to infection of the tear duct, causing tearing, blurring of vision, and permanent pigmentation of the mucous membrane lining the inside of the eye.



Concealers are used to hide dark eye circles, hyperpigmentation, distended capillaries, and other imperfections. They contain a high concentration of pigment so as to provide greater coverage than foundation. Concealers are packaged in sticks, pencils, tins, jars, or tubes with wands. They are either silicone-based for self-setting light coverage, or oil-based creams for greater coverage. Some of them contain anti-acne ingredients like salicylic acid to control blemishes. Today's concealers are available in a wide range of skinmatching shades.

Face Powders

Face powder is used to create a matte or non-shiny finish. It is used to set the foundation, making it easier to apply other powders, such as blush or bronzer. Face powder is usually a mixture of pigments with talc, cornstarch, or silica and comes in two forms: loose and pressed (figure 24-4). Loose powder is easily applied and is best used for setting foundation. Pressed powder is blended with binding agents such as zinc stearate to help it adhere to the skin. This formula is most commonly reserved as the final layer of powder and is perfect for touch-ups. Face powder is often reapplied throughout the day to absorb excess sebum and reduce the shine of oily skin. Powders containing very little pigment are called translucent. They are intended to mattify (reduce shine by absorbing oiliness) without adding color. If a colored powder is used, it should match the natural skin tone.

Eye Shadow

Eye shadows are cosmetics used to accentuate the eye shape and compliment eye color. They are available in almost every color of the rainbow, from warm to cool, neutral to bright, and light to dark. Eye shadow is available in cream as well as pressed and loose powder form (figure 24-5). They also come in a variety of finishes, including metallic, matte, frost, or shimmer.

Eyeliners

An **eyeliner** is a cosmetic used to define the eyes and make the lash line appear fuller (figure 24-6). It is available in pencil, liquid, pressed (cake), gel, or felt-tip pen form and comes in a variety of colors.

Eyeliner pencils consist of a wax (paraffin) or hardened oil base (petrolatum) with a variety of additives to create color. Eyeliner pencils are available in both soft and hard forms for use on the upper and lower eyelids.

Eyebrow Color

Eyebrow pencils, and **eyebrow powders**, are used to add color and shape to the eyebrows. They can be used to darken the eyebrows, correct their shape, or fill in sparse areas. Brow powders are similar to pressed eye

Africa Studio/Shutterstock.com

shadows and are applied to the brows with a brush. Brow powders cling to eyebrow hairs, making the brows appear darker and fuller.

The chemistry of eyebrow pencils is similar to that of eyeliner pencils. The chemical ingredients in eyebrow powders are similar to those in eye shadows.

Cheek Color

Cheek color, also known as *blush*, is used primarily to add color to the cheeks. Bronzer, another form of cheek color, is often added to give definition and a warm glow. These products come in powder, liquid, gel, and cream forms (figure 24-7).

Makeup artists have traditionally used powder blushes; however, cream and gel cheek colors lend a sheer, natural-looking glow. Powder blushes are applied after the foundation and powder have been applied. Creams, liquids, and gels are layered over, and then blended into, the foundation.

Lip Color

Lip color, also known as *lipstick* or *lip gloss*, is a waxy cosmetic used to enhance the lips. Lip color is available in a wide variety of colors (figure 24-8). Many of them contain skin-friendly ingredients like moisturizers to hydrate the lips or sunscreen to protect against exposure to ultraviolet light.

Lip color is available in many forms, including creams, glosses, pencils, gels, and sticks. These products are a mixture of oils, waxes, and pigments known as lakes or color dyes.

Properly selecting lipstick color takes talent and an understanding of color theory. The lip color must complement the client's hair and eye color as well as current fashion trends. However, classic colors are timeless and therefore never go out of style.

Lip liner is generally applied before the lip color to define the shape of the lips and keep color from bleeding. Lip liners are colored pencils that are available in a variety of sizes. To ensure proper infection control procedures are followed, sharpen the pencil before application, and clean it after each use. Remember to clean and then disinfect your sharpener also!

Mascara

Mascara is a cosmetic preparation used to darken, define, and thicken the eyelashes. It is available in liquid, cake, and cream form and in a variety of shades and tints (figure 24-9). High-performance mascaras contain rayon



Lip colors present a huge opportunity for retail. Think of how many lipsticks you own. Most women own several lipsticks, glosses, and pencils. Some carry several at a time in their purses. Suggest a few colors to a client in a variety of finishes. Lip color is a simple way to change a look, and it proves a great way for your client to give herself a treat and brighten her day.



figure 24-7 Powder blush



figure 24-8 Lipstick colors



REVIEW QUESTIONS

- Why do people color their hair?
- 2 How does the hair's porosity affect haircolor?
- 3 How many types of melanin are found in hair? Describe each.
- What are levels? What does the level system help you to determine when formulating haircolor?
- Solution is the primary, secondary, and tertiary colors.
- 6 What is the role of tone and intensity in haircolor?
- What are the categories of haircolor? Briefly describe each one.
- 8 How does hydrogen peroxide developer work in a haircolor formula?
- What are the five key questions to ask when formulating a haircolor?
- Why is a patch test useful in haircoloring?

- 11 What is a preliminary strand test and why is it used?
- Explain the action of hair lighteners.
- (3) What is the procedure for a virgin single-process color service?
- What are the two processes involved in doubleprocess haircoloring?
- (5) Name and describe the various forms of hair lightener.
- What is the purpose of toner? When is it used?
- What are the three most commonly used methods for highlighting? Describe each.
- 18 List seven tips for achieving gray coverage.
- 19 List the rules of color correction.
- 20 List five safety precautions to follow during the haircolor process.

STUDY TOOLS

- Reinforce what you just learned: Complete the activities and exercises in your Theory or Practical Workbook, or your Study Guide.
- Expand your knowledge: Search for websites about the topics in this chapter and make a list of additional resources.
- Study and prepare for your quiz: Take the chapter test in your Exam Review or your Milady U: Online Licensing Prep.
- Re-Test your knowledge: Take the Chapter 21 Quizzes!
- Learn even more: Look up in a dictionary or search the internet for the definitions for any additional terms you want to learn about.

CHAPTER GLOSSARY

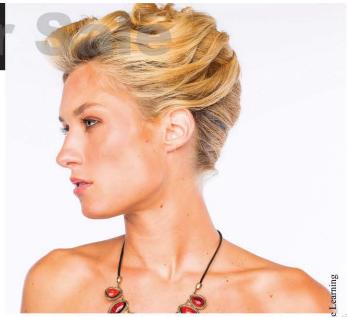
activators	p. 695	Also known as <i>boosters</i> , <i>protinators</i> , or <i>accelerators</i> ; powdered persulfate salts added to haircolor to increase its lightening ability.
aniline derivatives AN-ul-un DUR-ive-it-ives	p. 681	Contain small, uncolored dyes that combine with hydrogen peroxide to form larger, permanent dye molecules within the cortex.
Baliage BAHL-ee-ahj	p. 700	Also known as <i>free-form technique</i> ; painting a lightener (usually a powdered off-the-scalp lightener) directly onto clean, styled hair.
base color	p. 675	Predominant tone of a color.

cap technique	p. 699	Lightening technique that involves pulling clean, dry strands of hair through a perforated cap with a thin plastic or metal hook and then combing them to remove tangles.
color fillers	p. 706	Equalize porosity and deposit color in one application to provide a uniform contributing pigment on pre-lightened hair.
complementary colors	p. 677	A primary and secondary color positioned directly opposite each other on the color wheel.
conditioner fillers	p. 705	Used to recondition damaged, overly porous hair and equalize porosity so that the hair accepts the color evenly from strand to strand and scalp to ends.
contributing pigment	p. 673	Also known as <i>undertone</i> ; the varying degrees of warmth exposed during a permanent color or lightening process.
demipermanent haircolor	p. 681	Also known as <i>no-lift deposit-only color</i> ; formulated to deposit but not lift (lighten) natural hair color.
developers	p. 683	Also known as <i>oxidizing agents</i> or <i>catalysts</i> ; when mixed with an oxidation haircolor, supplies the necessary oxygen gas to develop color molecules and create a change in hair color.
double-process application	p. 684	Also known as <i>two-step coloring</i> ; a coloring technique requiring two separate procedures in which the hair is pre-lightened before the depositing color is applied to the hair.
fillers	p. 705	Used to equalize porosity.
foil technique	p. 699	Highlighting technique that involves coloring selected strands of hair by slicing or weaving out sections, placing them on foil or plastic wrap, applying lightener or permanent haircolor, and then sealing them in the foil or plastic wrap.
glaze	p. 693	A non-ammonia color that adds shine and tone to the hair.
hair color	p. 671	(two words) The natural color of hair.
haircolor	p. 671	(one word) A professional, industry-coined term referring to artificial haircolor products and services.
haircolor glaze	p. 681	Common way to describe a haircolor service that adds shine and color to the hair.
hair lightening	p. 694	Also known as bleaching or decolorizing; chemical process involving the diffusion of the natural hair color pigment or artificial haircolor from the hair.
highlighting	p. 698	Coloring some of the hair strands lighter than the natural color to add a variety of lighter shades and the illusion of depth.
highlighting shampoo	p. 701	Colors prepared by combining permanent haircolor, hydrogen peroxide, and shampoo.
hydrogen peroxide developer	p. 683	Oxidizing agent that, when mixed with an oxidation haircolor, supplies the necessary oxygen gas to develop the color molecules and create a change in natural hair color.
intensity	p. 678	The strength of a color.
law of color	p. 675	System for understanding color relationships.



P17-12 Not Foi

FRENCH PLEAT OR TWIST



IMPLEMENTS & MATERIALS

You will need all of the following implements, materials, and supplies:

- □ Bobby pins
- □ Elastics
- □ Hairpins
- □ Styling cape

- □ Bristle brush
- □ Electric or Velcro rollers
- ☐ Hair spray
- □ Tail comb

- □ Conditioner
- □ Finishing spray
- □ Neck strip□ Shampoo

- □ Convention (Marcel) or electric iron
- ☐ Grooming or teasing brush

PREPARATION PROCEDURE

Perform:

Procedure See page 340

- 1 Drape the client; shampoo and towel dry the hair.
- Re-drape the client with a neck strip and styling cape.
- 3 Apply the appropriate styling product that will give the hair a lot of hold. Blowdry the hair, smoothing it with a brush for a sleek finish.



4 Set the hair with a wet set or, if you wish to save time, electric rollers or thermal irons.



⑤ Once completely dry, establish a side part from the front hairline to the apex of the head. Divide the front from the back by taking a radial parting from the apex of the head to the top of each ear and clip out of the way. Lightly backcomb the hair in the rear section, building weight throughout till you have accomplished a light packing.



(a) Using a grooming or a teasing brush, gently smooth the hair of the back section toward the heavy side. Be sure to not remove all your backcombing.



Begin pinning the hair at the center of the nape. Move upward with the bobby pins while having the client hold her head completely upright, overlapping the pins by crisscrossing them to lock into place. Continue pinning; stop just below the crown.



(a) With the brush, bring the hair from the left side over the center line (where the bobby pins were placed) and smooth; twist from the center of the nape. Move upward and inward, tucking the ends into the fold as you move up, to create a funnel shape.



Secure with hairpins vertically down into the seam as you work up, hiding the pins in the seam. Move to a side section and lightly backbrush the section. Bring the side section up to last completed section and blend into the fold.



10 Secure with a bobby pin at the top of the side section, leaving the ends out. Repeat on the other side. Fold over while smoothing and pin downward.

Backbrush and smooth the remaining side section on the right into the remaining section on the left, just above the top of the twist.

2 Swirl and join this section of hair into the open end of the twist. Use a tail comb or the tail of the backcombing brush to smooth and curl ends into the twist and pin. Take care not to expose the pin.